



**MASOKA**  
PRODUCTIONS

# one story

A 12-Day Leadership & Theatre Program

" [ an African proverb ] "

# PAGE OF CONTENTS

Program Partners.....	iv
About Masoka Productions.....	iv
Vision and Mission.....	iiiv
About the program.....	1
Program overview.....	2
Stage 1: Understand your story.....	3
Stage 2: Tools to tell your story.....	4
Stage 3: Express yourself.....	5
2022 program overview.....	6
Masoka Village.....	7
Pricing and Scholarships.....	8
Apply for the program.....	9
About Mwajemi.....	11
About One Conversation.....	12

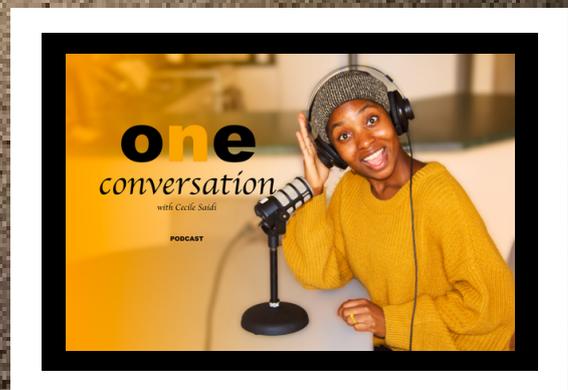
This program is proudly brought to you by Masoka Productions, in partnership with Mwajemi Hussein and One Conversation (the podcast).



# MASOKA

---

P R O D U C T I O N S



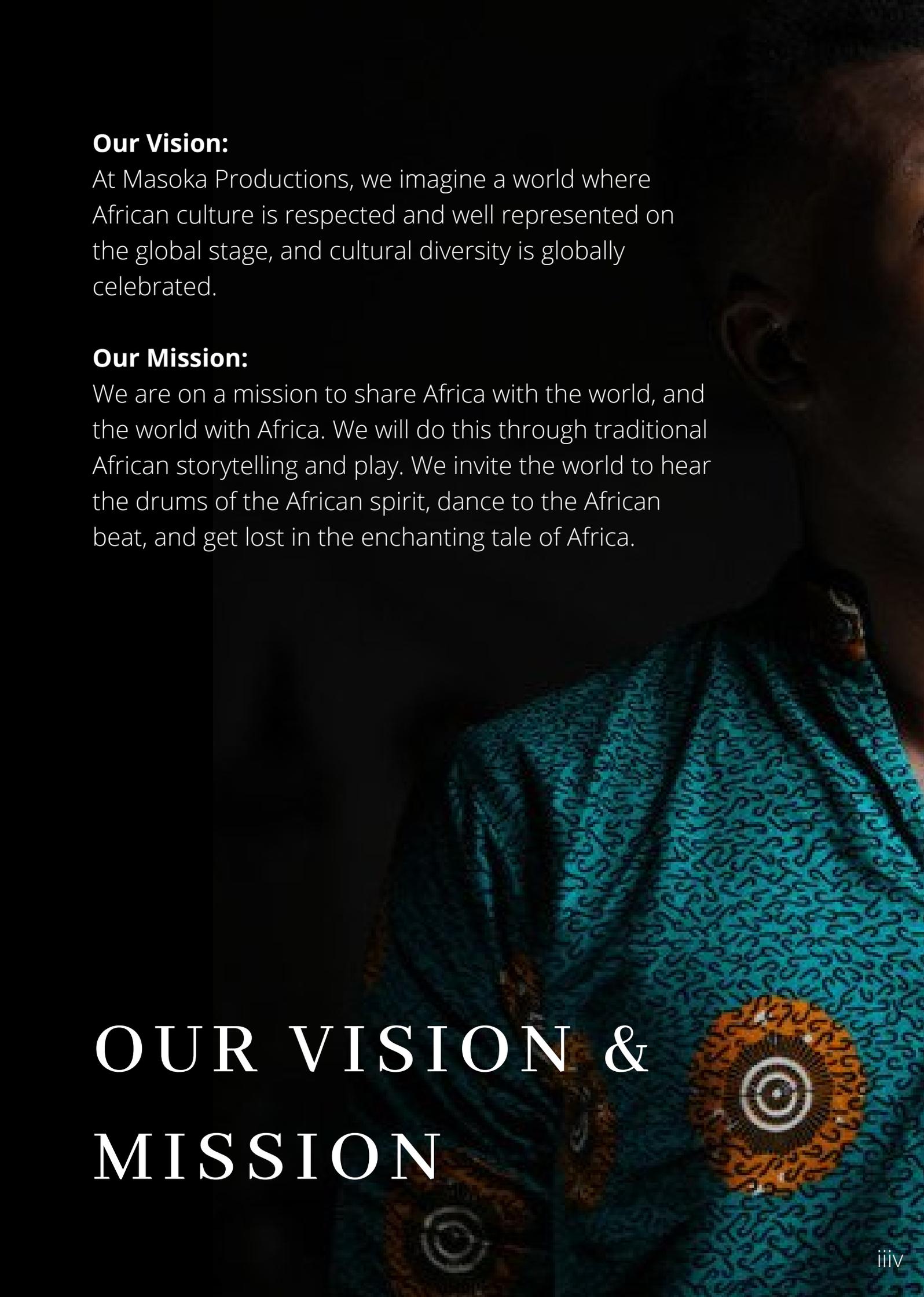
# MASOKA PRODUCTIONS

Masoka Productions is an African theatre company based in South Australia, dedicated to telling African stories, the African way. At Masoka Productions, we are informed by the wealth and diversity of the African experience throughout Australia, and beyond. We celebrate the beauty and richness of the African continent, its people, cuisines, cultures and traditions, through story and play.

We are a unique theatre company, in that our performers are not necessarily professional actors, and our performances are inspired by the real experiences / stories of our performers. We believe that there is a story in everyone and, with a little coaching, anyone can learn to put on a mesmerising performance for a live audience.

The logo for Masoka Productions is centered within a white rectangular border. It features the word "MASOKA" in a large, bold, white, sans-serif font. Below "MASOKA" is a thin white horizontal line. Underneath the line, the word "PRODUCTIONS" is written in a smaller, white, spaced-out, sans-serif font.

**MASOKA**  
PRODUCTIONS



**Our Vision:**

At Masoka Productions, we imagine a world where African culture is respected and well represented on the global stage, and cultural diversity is globally celebrated.

**Our Mission:**

We are on a mission to share Africa with the world, and the world with Africa. We will do this through traditional African storytelling and play. We invite the world to hear the drums of the African spirit, dance to the African beat, and get lost in the enchanting tale of Africa.

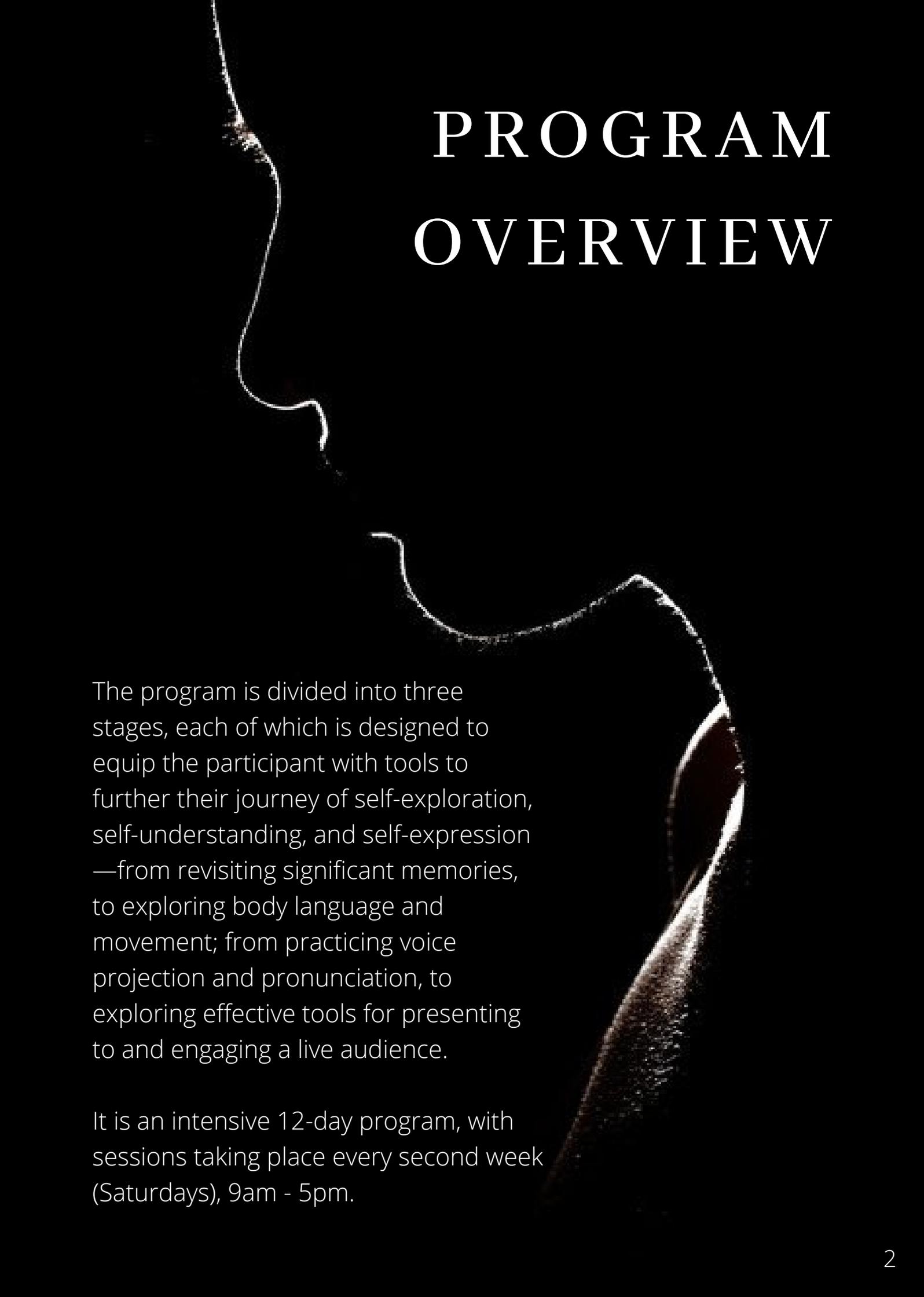
**OUR VISION &  
MISSION**

# ABOUT THE PROGRAM

One Story is an intensive 12-day leadership and theatre program which aims to help individuals better understand themselves, and better present themselves in the world. The program focuses on the relationship between the past, the present and the future, inviting participants to delve into and explore their past to better understand their present situation, and how this can be used to manifest a desired future.

The program is offered by Masoka Productions, in partnership with Mwajemi Hussein and One Conversation (the podcast), focusing on the power of “story” / storytelling and play, which we believe can be used in any human interaction to achieve desired results. Individuals learn that every person has a “story”, and learning to tell or express this effectively can mean a great difference in the quality of both personal and professional communication / presentation.

At its core, theatre theory and practice is used to help individuals understand their individual story, appreciate the stories of others, and appreciate the significance of expressing one’s own story respectfully and in harmony with the stories of those around them. Participants will have the opportunity to appear as guests on the podcast One Conversation, if they so choose.



# PROGRAM OVERVIEW

The program is divided into three stages, each of which is designed to equip the participant with tools to further their journey of self-exploration, self-understanding, and self-expression—from revisiting significant memories, to exploring body language and movement; from practicing voice projection and pronunciation, to exploring effective tools for presenting to and engaging a live audience.

It is an intensive 12-day program, with sessions taking place every second week (Saturdays), 9am - 5pm.

# STAGE 1:

## Understand your story

In the first stage, participants are guided into their past, revisiting significant memories and exploring significant factors which have shaped the person they are today, and their present situation. Throughout this stage, participants are encouraged to really spend time with themselves and get to know themselves on an intimate level. Participants are also personally mentored throughout this stage, for deeper self-exploration.

# STAGE 2:

## Tools to tell your story

In the second stage, participants are introduced to tools which will help them communicate and express themselves effectively, to foster richer relationships—be this with family or friends, colleagues, or a live audience. Various tools, such as voice projection and pronunciation, understanding the language and movements of the body, as well the relationship between the body and its environment, will help participants understand the power they have in their hands, and how to use these tools effectively to foster richer relationships in their personal and professional lives. This stage covers a number of things, including:

- Projection and pronunciation
- Body language and movement
- The relevance and power of teamwork
- Presentation and engaging a live audience
- Stage technique

This stage involves some theory and lots of play, helping the individual understand their story as well as the stories of those around them, and how these can co-exist and interact in harmony.

# STAGE 3:

## Express yourself!

At this stage, participants will learn the power of synergy. By learning to invite and allow others into their space / story, and respectfully putting themselves in the shoes of those around them, participants will learn to create healthy boundaries and work as a team to express their stories respectfully and in harmony.

The program concludes with the multi-day festival, Masoka Village, which will take place at a city parkland in October. Throughout the program, participants will develop the confidence to communicate clearly and express themselves in any human interaction. The Masoka Productions team will produce a theatre production—"One Story"—based on a combination of the participants' stories, working closely with each participant to train them in stage technique and prepare them for the festival, where the program participants will perform before a very live audience, practicing / demonstrating what they have learned in the program.

# 2022 PROGRAM

The program consists of 12 sessions in total (excluding two rehearsals for the final play / production, and one dress rehearsal for the festival). Sessions are held every second week (Saturdays), from 9am to 5pm.

The program pilots in 2022, with the induction kicking off on 19th of March. Participants are divided into two groups of 6 (Group A, and Group B), with each group having their session every second Saturday. The timetable is below.

## GROUP A

### STAGE 1

**Session 1:** 26th March

**Session 2:** 9th April

**Session 3:** 23rd April

**Session 4:** 7th May

### STAGE 2

**Session 1:** 28th May

**Session 2:** 11th June

**Session 3:** 25th June

**Session 4:** 9th July

### STAGE 3

**Session 1:** 30th July

**Session 2:** 13th August

**Session 3:** 27th August

**Session 4:** 10th September

**Reflection:** 24th September

## GROUP B

### STAGE 1

**Session 1:** 2nd April

**Session 2:** 16th April

**Session 3:** 30th April

**Session 4:** 14th May

### STAGE 2

**Session 1:** 4th June

**Session 2:** 18th June

**Session 3:** 2nd July

**Session 4:** 16th July

### STAGE 3

**Session 1:** 6th August

**Session 2:** 20th August

**Session 3:** 3rd September

**Session 4:** 17th September

**Reflection:** 24th September



# MASOKA VILLAGE

an annual African festival

Africa is coming to Adelaide!

Every year, for an entire week, we transform a city parkland into an African village, brought to life with traditional African theatre. Our very first Masoka Village is coming to Adelaide, in October 2022!

The public is invited into this village, to interact with real characters from different cultures, telling real stories of their people, their homes, their cultures. Follow the tale they tell, dance to their beat, and taste their diverse and delicious cuisine. Be their guest, for an entire week!

The program pilots in 2022, and is currently only offered to individuals from an African background, who are of age 15 and above. We especially encourage teenagers (age 15 - 19) and mature men and women to apply for the One Story scholarship.

Successful applicants will need to pay **\$250** in advance of the program; they will be reimburse after the festival in October, provided that they commit and complete the program. If a participant does not complete the program (i.e., if they do not commit to the program by attending every session and participating and engaging), they will unfortunately not be reimbursed. We have come to this decision due to past experiences, where successful applicants did not commit to a program, which is very unfair to those who missed out on a scholarship (especially considering the scholarship is worth **\$1,500** plus GST). We have therefore decided this year, that applicants must be willing to pay \$250 in advance (to be reimbursed in October), in order to be considered for the scholarship.

In the future, the program will be offered to the wider community at the price of \$1,500 (plus GST). We will continue to offer full, as well as partial scholarships for individuals from an African background, as well as community leaders, Aboriginal and Torres Strait Islanders, and those working in the not for profit sector.

# PRICING & SCHOLARSHIPS

# APPLY FOR A SCHOLARSHIP

To apply for a One Story scholarship (the 2022 program), please scan the QR code below (or visit <https://forms.gle/zAtqDfdiPHg1pn5p6>) and fill out the application form. In your application, you will be asked to tell us a little bit about yourself, and why you think you are a good fit for this program (maximum 1000 words). Alternatively, you may choose to send us a simple 1 - 3 minute video (maximum 2GB in size); in this case, send your video to [info@masokaproductions.com](mailto:info@masokaproductions.com), with your full name as the subject line.

You will also be asked to provide contact details of your referral (or send a reference letter to [info@masokaproductions.com](mailto:info@masokaproductions.com)).

**Application closes:** Sunday 20th February, 11:59PM

**Interviews commence:** Monday 28th of February

**Results released:** by Sunday 13th of March, 5PM



This program is proudly brought to you by Masoka Productions, in partnership with Mwajemi Hussein and One Conversation (the podcast).

Mwajemi Hussein is a brilliant African Australian storyteller, a life coach, and a well sought after motivational speaker who, having survived a very uncomfortable journey of uncertainties and vulnerability, uses her gift of storytelling to help others find the courage to survive hardships and the motivation to achieve their goals.

Mwajemi is also an actor, who recently featured as the protagonist of Rolf De Heer's film "The Mountain", which tells the story of a central character named BlackWoman (Mwajemi Hussein), who is abandoned in a cage in the middle of the desert, and escapes.

Mwajemi lives by the Swahili saying, "Pole pole tutafika tu!", which translates to "eventually, we will make it!". We are very honoured to partner with Mwajemi for this program, introducing the power of story and play like never before!

Found out more about Mwajemi, and request her services at [www.mwajemi.com](http://www.mwajemi.com)



One Conversation is a podcast which aims to celebrate the similarities and differences in the human experience, through story and conversation.

Hosted by Cecile Saidi, a former refugee, One Conversation brings together people from different walks of life, to explore different realities and perspectives on a given topic or social issue.

Masoka Productions has partnered with One Conversation for this program, giving One Story participants the opportunity to appear on the podcast as guests, sharing their stories or their views on different topics or social issues. This is optional, should the participant wish to appear on the podcast.

Read more about One Conversation, and tune into the podcast at <https://anchor.fm/one-conversation>



" [ an African proverb ] "

# MASOKA

---

PRODUCTIONS

Exploring and telling African stories, the African  
way

[www.masokaproductions.com](http://www.masokaproductions.com)

[info@masokaproductions.com](mailto:info@masokaproductions.com)